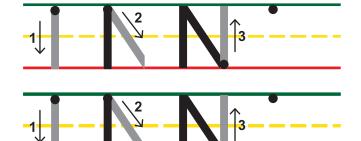
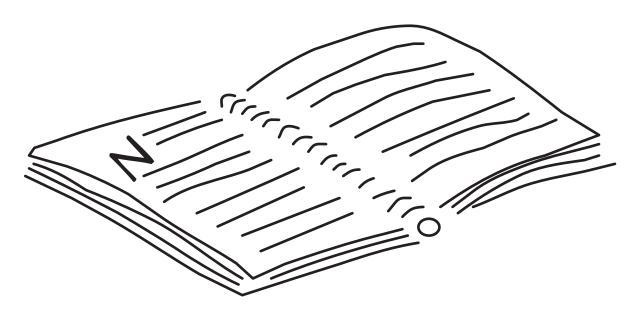


## Learn

Long line down jump up, down stop, up stop





## Practice

